

Quote of the month:

**I DO NOT LIVE
IN YOUR
WORKPLACE
YOU WORK
IN MY HOME**



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Don't call us....We'll call you

That old adage holds true at The Arc. The Arc is like many businesses who face a staffing shortage. There is not always someone in the office. When there is someone present in the office, we are meeting with families, on the phone with schools or agencies, or in the hall preparing for a program.

If you need to reach The Arc, please leave a message on the machine and do NOT keep calling over and over without leaving a message. As soon as someone is free, we will return your call.

If your question pertains to a class, please look on The Arc website, under announcements. All information is updated at that location. If you do not have access to a cellular smart phone or a computer, please ask one of your friends. Even when The Arc was fully staffed, we did not have a person dedicated to taking bad weather phone calls wondering what was happening with a class or program.

The Arc is a very busy place - there is always something going on. We wear many hats yet strive to communicate as much as possible with members. We enjoy speaking with you but just can't offer exclusivity. Thank you for your patience and understanding.

Thank you St. George's!

The Arc chorus, The Arc Angels, could not have received a more inviting and warm welcome than received from the congregation at St. George's Orthodox church.

The group felt like celebrities! Not only did they get paid for their performance, they were fed a delicious dinner! Feel free to invite us back anytime!

Many thanks to our choral group who all dressed in coordinating colors. This concert would not have happened without the support of our music directors, Nadeen Nerenberg and Evey Madison. Janice Moist was our hostess with the mostess. Of course, we are grateful to the families who brought extended family to watch the concert. Thank you all.

(more photos on next page and last page)



Arts at The Arc is Returning!

Oh my goodness, you do not want to miss this year's Arts at The Arc. Our fearless creative director, Cortny Himes, has selected some very inspiring, very cool, art projects for this year.

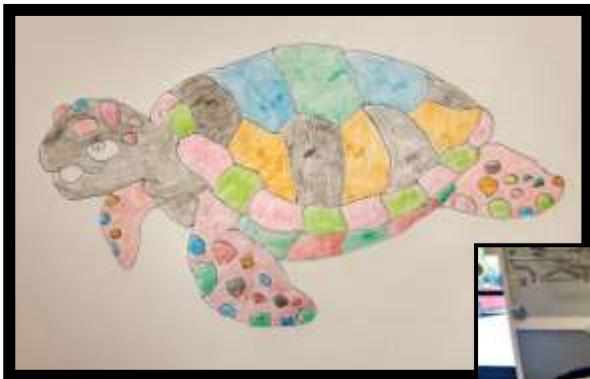
You do not need to have any experience. In fact, we welcome participants who have never picked up a paint brush! This is your year to try something new!

Spaces quickly fill for this professional art program, so please call soon to register by phoning The Arc at 946-1011.

The high end arts program is free to all Arc members except for a small framing fee due by the end of the class. One piece of art is then selected from each student and placed inside The Arc on the 'wall of glory', at the library, and at the Station Medical Center for the public to view.

This expressive program will run every Monday in March, beginning March 6. The time will be 5:30 pm to 7:30 pm. Please do not sign up if you cannot commit to attending every class. Participants who register for the class but do not attend each class will be charged \$15 for each class missed.

This class is made possible through the Wolf-Kuhn Foundation. Thank you so much!



More Choral Performance Photos



Special Fun Evening Planned

The Arc will be holding a special activity night. A Thursday evening was selected to break up the routine of the week. It is easy to get into the doldrums of winter. So let's pretend that it is summer again, when we go out more weekday evenings, and there is always something to do.

We encourage folks to wear shorts and t-shirts. Wear beach hats and flip flops. The Arc will have beach music playing and summer snacks like ice cream and beach french fries!

Then we will spend a couple of hours playing games and having fun. Registration required for this night - Thursday, February 23 - from 6 pm to 8 pm.

February 2023 class calendar

Monday, every Monday beginning February 6: Craft Class. Must register so materials can be purchased. 6:00 pm start and ends at 7:30 pm. This is an ongoing series. Each week builds upon the week before. If you sign up for this class you are expected to come each week. Please do not register if you are concerned about weather or do not have staff to bring you each week.

Tuesday, February 7 at 5:30 p.m.: Chorus - We are practicing for April concert.

Tuesday, February 7 at 6:30 p.m.: West African Drumming

Tuesday, February 21 at 5:30 p.m.: Chorus - We are practicing for April concert.

Tuesday, February 21 at 6:30 p.m.: West African Drumming

Wednesday's/Every Wednesday at 6:30 pm: Line Dancing

Thursday, February 23: A special night of "go away winter/let's have some fun". A game night with puzzles, cards, snacks, drinks, and - oh yeah! - games like Minute to Win It & carnival games. Registration is a must! We cannot accept walk-in's the night of. 6 to 8 pm.

SAVE THE DATES: Arts at Arc begins March 6 and runs every Monday in March. See next page for more info and to register. Ukulele class returns on Tuesday's in March. We have a concert in May! Spring Dance is Saturday, March 25, in the evening. More details in the next issue of Arc Action Newsletter. **Please do not call The Arc office about the dance until the March newsletter arrives. We will have more details as it draws closer.**



Join Joyce each Wednesday at 6:30 p.m. You don't even have to dance. Simply sit and clap with the large selection of music played. Have a favorite song? Let Joyce know. She creates routines from the 50's through the current age!

Nice crowds are showing up for line dancing. The reason? Fabulous instructor Joyce Veckov, who welcomes everyone, no matter your ability level.





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More photos of the fabulous concert at St. George's



Happy Valentine's Day

May every day be full of love, not just Valentine's Day. Let all that you do be done in love. This is the perfect day to give a friend something homemade that you learned to create at an Arc class.